

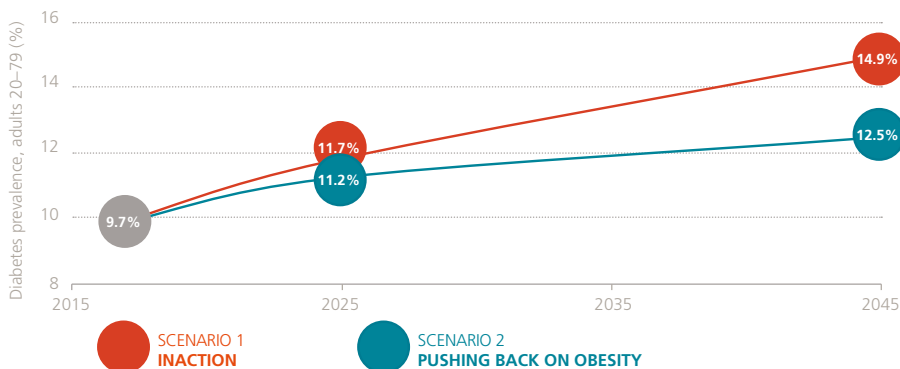
# cities changing diabetes tianjin



## TIANJIN

is pushing back on obesity to **bend the curve** on type 2 diabetes

Two scenarios illustrate that inaction is not an option and that to hold back the rise of type 2 diabetes requires taking action on obesity.<sup>1</sup>



The Diabetes Projection Model plots the trajectory of diabetes prevalence over time and illustrates how reducing the prevalence of obesity by 25% would reduce the burden of diabetes.<sup>1</sup>


Reducing obesity by 25% by 2045, could:

prevent  
**300,000**  
CASES OF TYPE 2  
DIABETES.<sup>1</sup>

save  
**149** MILLION  
US DOLLARS IN HEALTHCARE  
EXPENDITURE.<sup>1</sup>

**Obesity is the biggest modifiable risk factor for type 2 diabetes<sup>2</sup>**

**1/3**   
ADULTS WERE  
OVERWEIGHT IN TIANJIN  
IN 2010.<sup>3</sup>

**15.7%**   
OF CHILDREN AND ADOLESCENTS  
AGED 7–18 HAD OBESITY IN  
TIANJIN IN 2011.<sup>4</sup>

### About Cities Changing Diabetes

Cities Changing Diabetes is a first-of-its-kind partnership programme initiated between Novo Nordisk, University College London and Steno Diabetes Center Copenhagen. The programme has been a part of raising urban diabetes as a growing global concern and is now working to help cities identify how they can integrate diabetes prevention into their city strategies in order to create long-term, sustainable change.

For more information, visit [CitiesChangingDiabetes.com](http://CitiesChangingDiabetes.com)

### CITIES CHANGING DIABETES PARTNERS IN TIANJIN

- Tianjin Municipal Health Commission
- Tianjin Municipal Human Resource and Social Security Bureau
- Tianjin Medical Association
- Tianjin Medical University



#### REFERENCES:

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3. Wang Yuan, Li Yongle, Wang Jianhua, et al. Analysis of the current situation of overweight and obesity among adults in Tianjin community. *China Public Health*. 2010;26(10):1306–1307.
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