

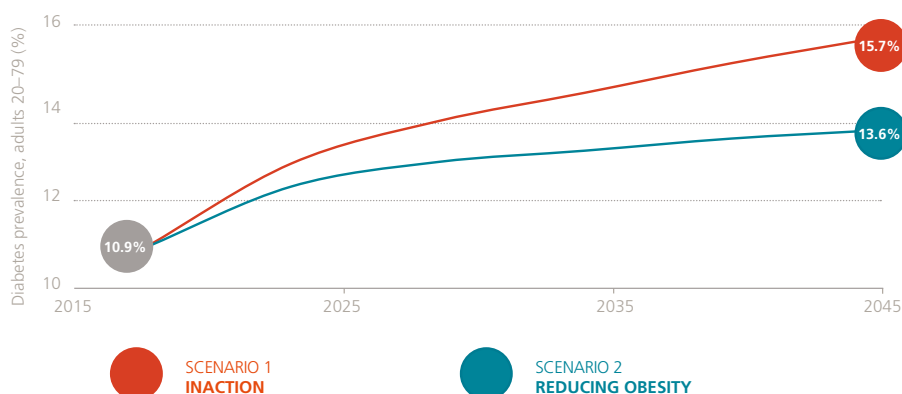
cities changing diabetes milan



ITALY

Bending the curve on type 2 diabetes in Italy

Two scenarios illustrate that holding back the rise of type 2 diabetes in Italy requires reducing the biggest modifiable risk factor: obesity.^{1,2}



The Diabetes Projection Model plots the trajectory of diabetes prevalence over time and illustrates how reducing the prevalence of obesity by 25% would reduce the burden of diabetes.¹

Reducing obesity by 25% by 2045, could:

prevent
530,000
CASES OF TYPE 2 DIABETES.¹



save
2 BILLION
US DOLLARS IN HEALTHCARE
EXPENDITURE.¹



About Cities Changing Diabetes

Cities Changing Diabetes is a first-of-its-kind partnership programme initiated between Novo Nordisk, University College London and Steno Diabetes Center Copenhagen. The programme has been a part of raising urban diabetes as a growing global concern and is now working to help cities identify how they can integrate diabetes prevention into their city strategies in order to create long-term, sustainable change.

For more information, visit CitiesChangingDiabetes.com



MILAN

Cities like Milan are the front line for bending the curve on type 2 diabetes

72% OF ADULTS WITH DIABETES IN ITALY LIVE IN URBAN AREAS.³

6% OF ADULTS IN MILAN HAVE OBESITY.⁴

6% OF CHILDREN IN THE LOMBARDY REGION AGED 3-17 HAVE OBESITY.⁴

CITIES CHANGING DIABETES PARTNERS IN MILAN

Milano Municipality
Lombardy Region
University of Milan
University of Milan Bicocca
Vita-Salute San Raffaele University
Agency for Health Protection- ATS, Milan Metropolitan City
Health City Institute
CENSIS Foundation

CORESEARCH
Italian Statistic Institute (ISTAT)
Italian Society for the Study of Diabetes (SID)
Italian Association of Clinical Diabetologists (AMD)
Italian Society of General Medicine & Primary Care (SIMG)
Diabete Italia
Cittadinanzattiva - Active Citizenship Network (ACN)
National Museum of Science and Technology Leonardo Da Vinci

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