

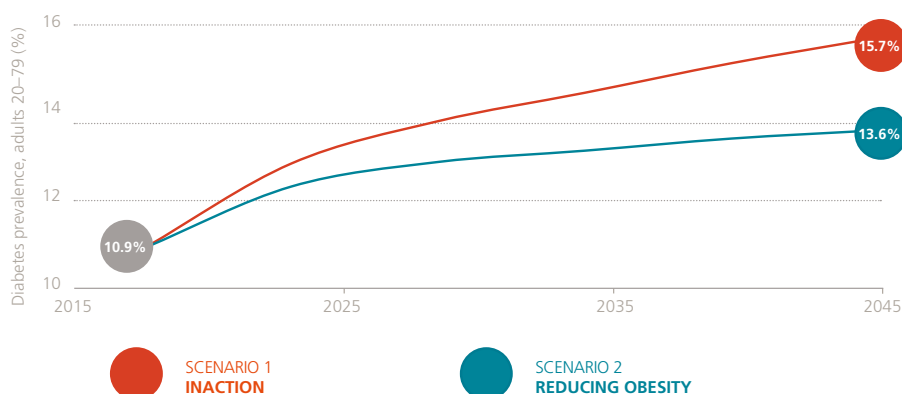
# cities changing diabetes hangzhou



## CHINA

### Bending the curve on type 2 diabetes in China

Two scenarios illustrate that holding back the rise of type 2 diabetes in China requires reducing the biggest modifiable risk factor: obesity.<sup>1,2</sup>



The Diabetes Projection Model plots the trajectory of diabetes prevalence over time and illustrates how reducing the prevalence of obesity by 25% would reduce the burden of diabetes.<sup>1</sup>

### Reducing obesity by 25% by 2045, could:

prevent **22.4 MILLION** CASES OF TYPE 2 DIABETES.<sup>1</sup>

save **12.3 BILLION** US DOLLARS IN HEALTHCARE EXPENDITURE.<sup>1</sup>

### About Cities Changing Diabetes

Cities Changing Diabetes is a first-of-its-kind partnership programme initiated between Novo Nordisk, University College London and Steno Diabetes Center Copenhagen. The programme has been a part of raising urban diabetes as a growing global concern and is now working to help cities identify how they can integrate diabetes prevention into their city strategies in order to create long-term, sustainable change.

For more information, visit [CitiesChangingDiabetes.com](http://CitiesChangingDiabetes.com)



## HANGZHOU

Cities like Hangzhou are the **front line** for bending the curve on type 2 diabetes

**62%** OF ADULTS WITH DIABETES IN CHINA LIVE IN URBAN AREAS.<sup>3</sup>

**31.6%** OF ADULTS IN HANGZHOU WERE OVERWEIGHT IN 2009.<sup>4</sup>

**5.8%** OF CHILDREN AGED 7–18 IN HANGZHOU WERE OVERWEIGHT IN 2010.<sup>5</sup>

CITIES CHANGING DIABETES PARTNERS IN HANGZHOU

Hangzhou Health Commission  
Hangzhou Primary Health Association



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