

# URBAN PLANNING NETWORK

Physical inactivity is one of the major risk factors for developing chronic diseases, including diabetes.

City design and infrastructure have a central role to play in inspiring and motivating people to be physically active in their everyday life in cities. Therefore, urban planning, in particular active transportation, has been identified as one of the central areas to be emphasized as part of the Cities Changing Diabetes programme.

Cities Changing Diabetes works with two global partners to foster this network.

**Gehl**, a global leader in people centered urban design, will be sharing their approach to 'making cities for people' and provide examples of how to make public space inviting for people to use.

**C40 Climate Leadership Group**, a network of the world's megacities committed to addressing climate change, performs benefit research of walkability and bikeability initiatives in cities, to strengthen their case for driving actions that provide climate and health benefits.

Together, C40, Gehl and Novo Nordisk hosted a Healthy & Liveable Cities masterclass in Copenhagen in 2017, for city teams to get technical support and firsthand experience with walkability and bikeability initiatives in Copenhagen.

## How to join

If you would like to know more about the network, please contact Dorte Boldsen from Novo Nordisk: [DBLU@novonordisk.com](mailto:DBLU@novonordisk.com).

